



CAPE FUR SEALS FOOTBALL ACADEMY NAMIBIA
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CAPE FUR SEAL GIRLS FOOTBALL ACADEMY

Parent / Player Code of Conduct and Undertaking

As a parent and head of the family of a player at **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY**, my family and I undertake to:

- Support my child's efforts to be on time and be prepared and fit for all practices, training sessions and games.
- Calmly watch the play and not shout instructions to my child or other players. Not question or challenge the calls of the referee or the actions of the coach. Provide encouragement to my child and all team players. Be respectful towards all players of my child's and opposing teams, coaches and referees. Discuss all issues with my child's coach privately and at a time away from the game, and not in the presence of involved parties.
- Refrain from unsportsmanlike conduct, poor parenting behaviour including but not limited to defamatory verbal or physical abuse of players, coaches, referees, spectators at practice, before, during or after games.
- Help my child's coach whenever necessary which may include setting up or taking down field equipment for games and practices.

As a parent of a player at **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY**, my family and I will abide by the following Tournament / League Rules:

- Violent / Racial Conduct. The club has a zero tolerance for any violent or racial / discriminatory conduct by players, coaches, parents or any other person during any Tournament / League activity. Any Tournament / League activity includes, but is not limited to games, practices or meetings. The Executive Committee will investigate any and all acts of violence / racial / discriminatory incidents. Penalties may range from suspension or expulsion from the League or Tournament, or membership.
- Required Player Equipment. All players participating in any practice, game or other competition shall wear the following equipment: approved shoes; shin guards; and socks which cover the shin guards completely.
- Wearing of Jewelry. Players may not wear any type of jewelry during games or practices. Jewelry includes but is not limited to rings, bracelets, necklaces or earrings.

Exception: Players may be allowed to wear medical identification bracelets or necklaces as long as they are safeguarded in some way as to not pose a hazard to other players.

- Smoking and Alcoholic Beverages. In accordance to the guidelines set by **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY**, smoking and alcoholic beverages shall be prohibited around the pitches during practices and games.
- Red Card Penalties. All incidents involving the issuance of a red card involving any person affiliated with the Tournament / League will be reviewed by the Executive Committee. The Executive Committee will have discretionary powers to increase penalties befitting the incidents.

As a parent of a player at **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY**, my family and I understand the following:

- For recreational players, every effort will be made to place my child on a team; however, the availability of teams is based on the number of volunteer coaches for your child's age group. Timely registration of your child will help to ensure that they are placed on a team.
- For recreational players, every effort will be made to form all teams and notify parents of their child's team assignment.
- Volunteer opportunities, I understand that Tournaments or Leagues are primarily run and organised by volunteers. It is my responsibility to seek out opportunities to volunteer in order to receive my Volunteer Participation Program refund. Volunteer opportunities will be listed on the club's website www.ramblers.com.na or in the club's newsletter. In order to receive my Volunteer Participation Refund, I must volunteer at least 4 hours and submit a completed reimbursement form that is available on the club's website.



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- **Playing Time.** It shall be the policy of the club that all players playing in the Development Programs shall play at least 50% of the time in each game. Academy Programs playing times will be at the sole and exclusive discretion of a coach.
- **Refund of Registration Fees.** Player registration fees will be refunded accordingly for the following reasons upon request:

- **Club Facilities.** In order to maintain good relationships, all members must always respect the facilities that are used for practices and games this includes keeping the grounds clean during and after use, utilizing proper toilet facilities, abiding by all parking regulations and respecting all neighbors.

- **Medical Coverage and Injuries.** **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY** will not be held responsible for any injuries suffered before, during or after practices and games by any player. Parents are encouraged to acquire appropriate medical cover / insurance for all players.

By signing this document I confirm that I have read the Terms and Conditions under which I let my child participate in the activities of the **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY.**

I herewith confirm to have understood the Terms and Conditions and that I agree and consent to the conditions contained therein, including but not limited to the Code of Conduct.

I do understand that the Code of Conduct may change from time to time and that the changes will be displayed on the Ramblers Website as and when amended, and I undertake to look at the Website from time to time to make sure that I am familiar with these changes

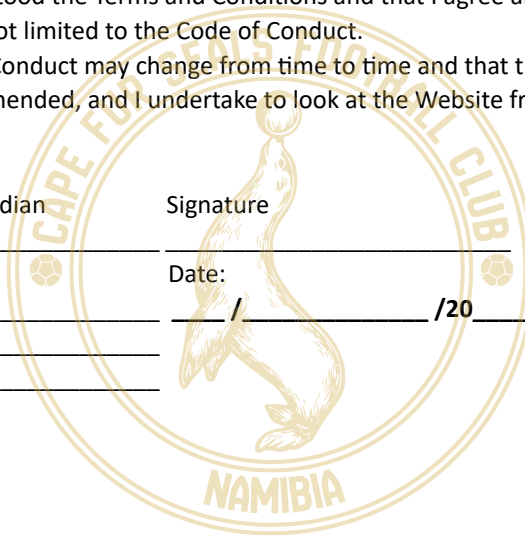
Family's Last Name Parent or Guardian _____

Signature _____

List All Player(s) Names _____

Date: _____

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VOLUNTARY ASSUMPTION OF RISK AND INDEMNITY

I, the undersigned _____ of the following
 address: _____

do hereby declare and acknowledge thatunder my control or guardianship, will-fully enters the property of the **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY** and acknowledge that she does so at my own responsibility and risk. I have full knowledge of the fact that all activities on a sports-ground carry various risks.

I am also aware of the harm, risk and inherent dangers involved in –

- being a player on the property; and/or
- being guided and trained as a soccer player on the property; and/or
- all other activities incidental and associated with the above, including but not limited to the transportation as a player of the team within the Republic of Namibia ("the activities")

I give my consent to take part in the activities not only limited to the property and irrevocably waive my right to claim compensation from the **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY** or its Members with regard to personal injury, illness or death during my sons/daughters involvement in any activity of the **CAPE FUR SEALS GIRLS FOOTBALL ACADEMY**.

I hereby indemnify and hold blameless Ramblers Club or any of its Member from any claim of any nature whatsoever and howsoever arising whether from injury to my son/daughter or his/her death or damage to his/her property during his/her stay with the Ramblers Club and its activities.

SIGN _____ on this day of _____

AS WITNESSES:

1. _____

2. _____